MAINA
EAT & DRINK

BY REQUEST GF/DF/ V

BREAKFAST (Available All Day)

Sourdough or grain toast w/ spreads 13.50

Local eggs on toast – any way you like 16

Bacon & local egg buttie, bbq sauce & aioli 16.50

Eggs Benedict – toasted sourdough, apple cider hollandaise
- bacon 28
- salmon 30
- spinach 28

Manuka honey toasted granola, berry compote, chia seeds, coconut yoghurt & pomegranate syrup 16

Toasted Bagel –topping of choice (2 only) 17

Buttermilk pancakes, berry compote, maple syrup, whipped cream 25

Five grain toast, tomato, pesto, avocado 18

3 egg omelette, house baked beans, grilled halloumi, rocket 26

Creamy portobello mushrooms, bacon, hash browns, toasted sourdough 26

Avocado pea smash, feta, beetroot purée, hazelnut dukkha, soft poached eggs, on sourdough 27

Harvest Breakfast w/ 2 Eggs, Bacon, Sausage, Spinach, Tomato, Hash Brown, Creamy Mushrooms & Toast – 32

SIDES

Eggs x2 – any way	8	Bacon	10
Hashbrown x2	6	Mushrooms	9
Salmon	14	Spinach	7
House baked beans	7	Tomato	6
Toast	8	OMG Toast	10

LUNCH (Available All Day)

Soup of the day, toasted sourdough 18

Maina-style seafood chowder, toasted sourdough 27

Panko crumbed fish fingers, tartare, cos lettuce, fries 27

Korean fried chicken, gochujang sauce, lemon salad 27

Creamy chicken & bacon pasta, spinach, parmesan 27

Roast pork belly open sandwich, apple sauce, slaw, fries 27

Roasted broccoli, pea & spinach risotto w, shaved parmesan 26

Soft shell prawn taco, pineapple relish, cucumber mint slaw 26

Fries – straight cut
w/ aioli and tomato sauce 12

SHARING PLATES

Fried Chicken 22
Asian Spiced Fried Squid 20
Fish fingers 20

SALAD – all 26

Hot smoked salmon salad, rocket, tomato, avocado, picked cucumber, garlic croutons

Korean fried chicken salad, candied cashews, edamame beans, sesame seed dressing

Sweet & sour pork belly salad, cos lettuce, apple, pickled ginger, chilli, toasted seeds

Asian spiced fried squid salad, tom yum dressing, mung beans, mint, shallots, peanuts

BURGERS – all 27

all served with fries

Korean fried chicken burger, slaw, kewpie mayo, sriracha

Angus beef burger, smoked cheddar, pickles, cos, tomato, burger sauce

Panko crumbed fish burger, tartare, cos lettuce

TOASTED SANDWICHES

22.50 WHOLE / 16.50 HALF

Free-farmed ham, house mustard, swiss cheese, tomato

Beef brisket, onion jam, swiss cheese, chipotle aioli

Roast chicken, swiss cheese, balsamic onions, guacamole, cos lettuce

Roast mushroom, capsicum, vine ripened tomato, swiss cheese, pesto

MAINA
EAT & DRINK

COFFEE

White 6.00
Black 5.50
Large 0.50
Chai latte 6.50
Hot chocolate 6.50
Decaf 1.00
Caramel/vanilla/white chocolate 1.00
Soy/Almond/Coconut/Oat 1.50

T-LEAF TEAS – All 6.00 –

English breakfast
Earl grey blue flower
Gunpowder green
Berrylicious
Kawakawa fire
Pure peppermint
Lemon honey ginger (syrup)

ICED DRINKS – ALL 11.00

Iced chocolate
Iced coffee
Iced mocha
Iced americano
Ice cream and cream 1.50
Caramel/vanilla/white chocolate 1.00
Soy/Almond/Coconut/Oat 1.50

FIZZ

Razza Raspberry lemonade 7.00
Lemon lime bitters 7.00
Roosters ginger beer 7.00
Coke 5.00
Coke Zero 5.00
Sprite 5.00
Kombucha 6.00

JUICES

Apple 6.00
Feijoa 6.00
Orange 6.00

MINERALS

Antipodes sparkling (500ml) 10.00

SMOOTHIES - ALL 12.00 –

DETOX -Blueberries, banana, date, boysenberries

REBOOT -Mango, pineapple, banana, passionfruit

BOOSTER -Banana, mango, spinach, lime juice, apple

BANANA GOODNESS – Banana, peanut butter, almond milk, cinnamon

WINE

The Uncommon Wines of New Zealand
Sauvignon Blanc G-15
Rose G-15

JOIY Wines
Pinot Gris G-15

Rockburn
2013 Chardonnay 375ml (Mini) 28
(enough to share with friend)

Collaboration
Chardonnay (Bottle) 65
Rose (Bottle) 65

Peregrine
Pinot Noir 375ml (Mini) 30

Something Bubbly?
Prosecco 200ml 15

Alpha Domus
Sparkling Rosé 375ml (Mini) 28
(enough to share with friend)

Alpha Domus
Can Bea Sparkling Rosé – 8.9% 15

BEER

ORIGINALS
Corona 10
Export 33 10
Heineken 10
Heineken 0% 10

CRAFTS
Brave tiger milk IPA 11
Crisp apple cider 10